Reading strategies questionnaire



Problem Solving	l never or almost never do this	I do this only occasionally 2	I sometimes do this	I usually do this	l always or almost always do this 5
1. I read slowly but carefully to be sure I understand what I'm reading.	±	L	5		5
2. I try to get back on track when I lose concentration.					
3. I adjust my reading speed according to what I am reading.					
4. When text becomes difficult, I pay closer attention to what I am reading.					
5. I stop from time to time and think about what I'm reading.					
6. I try to picture or visualise information to help remember what I read.					
7. When text becomes difficult, I re-read to increase my understanding.					
8. I try to guess the meaning of unknown words of phrases.					

Support reading strategies	l never or almost never do this	l do this only occasionally	l sometimes do this	l usually do this	I always or almost always do this
	1	2	3	4	5
1. I take notes when reading to help me understood what I have read.					
2. When text becomes difficult, I read aloud to help me understand what I read.					
3. I summarise what I read to reflect on important information in the text.					
4. I discuss what I read with others to check my understanding.					
5. I underline or circle information in the text to help me remember it.					
6. I use reference materials such as dictionaries to help me understand what I read.					
7. I paraphrase (put ideas into my own words) to better understand what I read.					
8. I go back and forth in the text to find connecting ideas in it.					
9. I ask myself questions as I read and I like to find the answer in the text.					

Global	l never or almost never do this	I do this only occasionally	I sometimes do this	I usually do this	l always or almost always do this
	1	2	3	4	5
1. I have a purpose in mind when I read.					
2. I think about what I know to help me understand what I read.					
3. I preview the text to see what it's about before reading it.					
4. I think about whether the content of the text fits my reading purpose.					
5. I skim the text first by noting characteristics like length and organisation					
6. I decide what to read closely and what to ignore.					
7. I use tables, figures, and pictures in text to increase my understanding.					
8. I use clues in the text to help me better understand what I am reading.					
9. I use typographical aids like bold and italics to identify key information.					
10. I critically analyse and evaluate the information provided in the text.					
11. I check my understanding when I come across conflicting information.					
12. I try to guess what the material is about when I read.					
13. I check to see if my guesses about the text are right or wrong.					

Looking at the three different areas, I think the three most important improvements I could make are...

1.

2.

3.